VANWEY DINING FACILITY NOVEMBER 2026 LUNCH MENU

Specials

M- Chili Dogs
T- Tacos
W- BBQ
Th-Wings
Fr-Phillys

Soup Menu

M-W rotating Soup

Thursdays
Chicken tortilla

Fridays Potato Soup

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Jamaican Chicken Pork Chops Baked Fish	2 SW Sweet Potato Black Bean & Corn Baked Salmon W/Herb Vinaigrette Pork Roast	3 Beef Stir Fry Pork Chops Mr. Z's Baked Chicken	4 Lasagna (Beef) Citrus Salmon Cajun Chicken	5 Chicken Parmesan Meat Loaf Grilled Salmon W/Citrus Butter	6 **Polish Sausage** Basil Baked Fish Spaghetti W/Ground Turkey	7 Grilled Pork Chops Savory Baked Chicken **Slow Braised BBQ Beef**
8 Cheese Manicotti Pepper Steak Bourbon Chicken	9 Lemon Basil Shrimp Pasta Pepper Steak Baked Chicken	10 BBQ Pork Loin Meat Loaf BBQ Chicken	11 Roasted Pork Tenderloin Citrus Herb Chicken Mediterranean Salmon	12 **Country Style Fried** Oven Fried Chicken **Southern Fried Catfish**	13 Grilled Pork Chops Creole Shrimp Baked Creole Spiced Chicken	14 Beef Stew Pork Chop Lemon Pepper Catfish
15 Bourbon Chicken Oven Fried Fish Steak Ranchero	16 Creole Fish Fillets Tuscan Chicken Teriyaki Steak	17 Honey Ginger Chicken Pepper Steak Cheese Manicotti	18 Baked Salmon Baked Mexican Chicken Chili Mac	19 Fish-onion Lemon Baked Simmered Beef Cajun Chicken	20 Baked Salmon Pineapple BBQ Meatballs Sriracha Chicken	21 Meatloaf Crispy Oven Baked Chicken Parmesan Fish
22 Honey Ginger Chicken Salisbury Steak **Fried Shrimp**	23 Chicken Fajitas Baked Fish Spaghetti W/Meat Sauce	24 Roast Beef **BBQ Beef Cubes** Pork Chop	25 Sweet & Savory Orange Salmon Chili Mac Sriracha Chicken	26 **Thanksgiving** Roast Rib of Beef Whole Turkey **Baked Ham**	27 **BBQ Beef Cubes** Greek Lemon Chicken Basil Baked Fish	28 Lemon Pepper Baked Chicken Caribbean Catfish Braised Beef & Noodles
29 Jamaican Chicken Pork Chops Baked Fish	30 SW Sweet Potato Black Bean & Corn Baked Salmon W/Herb Vinaigrette Pork Roast					

Note: Go for Green Sodium Identifier

Moderate Sodium
High Sodium
Medium Sodium
Low Sodum

VANWEY DINING FACILITY NOVEMBER 2026 DINNER MENU

Note: Go for Green Sodium Identifier

Low Sodium

Moderate Sodium

High Sodium

Specials

M-Chili Dogs
T- Tacos
W- BBQ
Th-Wings
Fr-Phillys

Soup Menu

M-W rotating Soup

Thursdays Chicken tortilla

Fridays Potato Soup

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 1 Grilled Honey Sriracha Chicken Chili Mac Pork Chops	2 Turkey Nuggets Chicken Scampi Country Style Steak	3 Barbeque Pork Loin Baked Salmon Greek Lemon Chicken	4 Bourbon Chicken Pork Roast Tenderloin Spaghetti W/Meat Sauce	5 Hot & Spicy Chicken Cantonese Spareribs Lemon Pepper Catfish	6 Baked Fish W/Lemon Garlic Butter Lime Chicken Tacos Braised Beef & Noodles	1 7 Roast Turkey Mediterranean Salmon Grilled Pork Chops
8 Beef Stew Lemon Baked Fish Herbed Baked Chicken	9 Lemon Basil Shrimp Pasta Pepper Steak Baked Chicken	10 Chicken Baked Mexican Southwestern Fish Beef Fajitas	11 Grilled Steak Grilled Pork Chop Baked Salmon	12 Chicken & Broccoli Stir Fry Baked Salmon Teriyaki Steak	13 Chicken Florentin Fish onion-lemon Baked Hamburger Yakisoba	14 Crispy Southern Cornflake Chicken Swedish Meatballs Sweet & Spicy Orange Salmon
15 Roast Beef Pork Chop Fried Chicken	16 Pork Tenderloin Baked Fish BBQ Beef Cubes	17 Caribbean Beef Curry Baked Salmon Honey Sriracha Chicken	18 Basil Baked Fish Turkey Nuggets Spaghetti W/Meat Sauce	19 Baked Salmon Grilled Pork Chops Meatloaf	20 Pork Carnitas Lasagna Savory Baked Chicken	21 Teriyaki Chicken Cheese Manicotti BBQ Pork Loin
22 Baked Chicken Spaghetti W/Meat Sauce Beef Bulgogi	23 Creole Fish Fillets Stir-Fry Chicken W/Broccoli Teriyaki Steak	24 Turkey Nuggets Beef Stew Pork Schnitzel	25 BBQ Chicken Pepper Steak Fried Catfish	26 Thanksgiving Roast of Rib Beef Whole Turkey Baked Ham	27 Maple Glaze Salmon Pork Chops Pineapple BBQ Meatballs	28 Swiss Steak W/Brown Gravy Baked Salmon Spicy Chicken Shawarma
29 Grilled Honey Sriracha Chicken Chili Mac Pork Chops	30 Turkey Nuggets Chicken Scampi Country Style Steak					